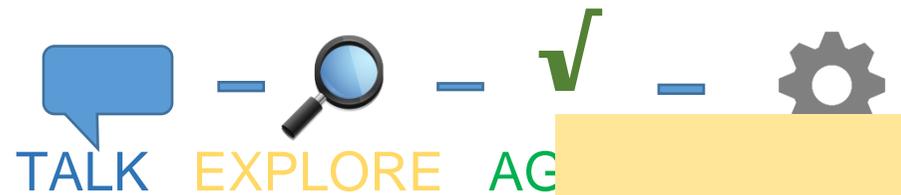


Talk about their online world

Help your kids stay safe as a TEAM



We talk to children about crossing the road, bullying and speaking to strangers. But what about staying safe in the digital world?

Having regular conversations about what your child is doing online - just like you would their day at school - is the best way to keep them safe.

You'll be able to spot any problems, encourage them to come to you if they're worried and make sure they know what's ok to share online - and what's not.

You can find out more about the social networks, apps and games your child uses with our [Net Aware](#) tool.

3 tips to help start the conversation

1. Explore sites and apps together and talk about any concerns.
2. Ask your child if they know how to stay safe online.
3. Talk about personal information and what to share online.

Get more advice about how to [talk to your child](#) to help them stay safe.

Explore popular social networks, apps and games

Children and young people use social networks to:

- share photos or videos
- chat with people via messages, voice calls or video
- film and broadcast videos via live-streaming
- play games

You've probably of Facebook, YouTube and Snapchat - the most popular networks used by 11-16 year olds. But what about Omegle, Musical.ly and Periscope?

To learn more about children's favourite social networks, their suggested ages and how to use privacy settings, visit [Net Aware](#).



What social networks are children using?

From Facebook and Instagram to Snapchat and YouTube, Net Aware is a simple guide for parents to the most popular social networks, apps and games

[Visit Net Aware](#)

Create a family agreement



Creating a family agreement is a great way to start talking about online safety.

It'll help your child understand what behaviour is appropriate when they're online. And they'll know who they can turn to if they are ever worried about anything they see or do.

MANAGE PARENTAL CONTROLS



Parental controls can be used to block upsetting or harmful content, control in-app purchases or manage how long your child spends online. The good news is that they are very easy to set up.

Innocent searches sometimes reveals not so innocent results. So if you're worried about what your child is searching for online, who they are talking to or what they are seeing, NSPCC Net Aware can help.

It is simple to get started and along with talking to your child regularly, using parental controls is one of the best ways of keeping children safe online. You can visit the website www.nspcc.org.uk preventing abuse – share aware or you can call them free on [0808 800 5002](tel:08088005002) to chat to one of their NSPCC or O2 experts.